

10:126-4.8(c) Technical assistance on required topics
To be distributed to providers

Communicable Diseases in Your Family Day Care Home

What is a communicable disease?

A communicable disease is an illness that can be caught from other people. You should know which diseases can be caught because you might want to keep children out of your home if they have one of these diseases. You must also tell parents about these diseases so they can decide whether they want to keep their children at home.

What diseases must be reported to parents?

Tell all parents if anyone in your home has one of these diseases:

<u>Respiratory Illnesses</u>	<u>Gastro-Intestinal Illnesses</u>	<u>Contact Illnesses</u>
Chicken pox	Giardia lamblia	Impetigo
German measles	Hepatitis A	Lice
Hemophilus influenzae	Salmonella	Scabies
Measles	Shigella	
Meningococcus		
Mumps		
Strep throat		
Tuberculosis		
Whooping cough		

How will I know if someone has a communicable disease?

Only a doctor can diagnose diseases. If you or someone in your home gets sick, ask the doctor the name of the disease. If a child that you care for gets sick in or out of your home, ask the parents to find out the name of the disease from their doctor. You must tell all parents if a child or adult in your home has one of the diseases on the list above. You do not have to tell the sponsoring organization.

Should the sick child stay in my home?

It's up to you. You may be willing to care for a sick child, or you may want the parents to keep the child at home. If the child has one of the diseases listed, you should not keep the child in your home until a doctor has seen the child. Ask the parents for a note from the doctor showing that the child does not present a risk to himself/herself or to others.

If you do take a sick child, you should keep him or her away from healthy children. Your sponsoring organization will give you more guidelines if you decide to take a sick child.

If your own child is sick, you should tell the parents of the children you care for. Ask your substitute to take the children for you, or ask the parents to make other child care arrangements until your child is well.

What if I get sick?

If you or another adult in your home gets one of the diseases listed, ask your substitute to take the children, or ask the parents to make other child care arrangements. If your assistant is ill, ask your substitute to come to your home. If your substitute is ill, tell your sponsoring organization and the children's parents who will be taking the substitute's place. An adult who has a communicable disease should not return to work with the children unless a doctor's note approves it.

Communicable Disease Service

The New Jersey State Department of Health & Senior Services maintains a Web site (www.state.nj.us/health/cd/index.html) with information on what you need to know about and the reporting requirements for the following conditions:

Amebiasis	Legionnaires' Disease
Anthrax	Leprosy
Antimicrobial Resistance	Leptospirosis
Arboviral Diseases	Listeriosis
- Eastern Equine	Lyme Disease
Encephalitis	Malaria
- West Nile Virus	Measles
Babesiosis	Meningococcal Meningitis
Botulism	MRSA
- Foodborne	Mumps
- Infant	Pertussis
Brucellosis	Plague
Campylobacteriosis	Polio
Chickenpox	Psittacosis
Chlamydia pneumoniae	Q Fever
Cholera	Rabies
Creutzfeldt-Jakob Disease	Rocky Mountain Spotted Fever
Cryptosporidiosis	Rubella
Cyclosporidiosis	Salmonellosis
Dengue Fever	Scabies
Diphtheria	Shigellosis
Eastern Equine Encephalitis	Streptococcal, Invasive, Group A
E. coli	Streptococcal Toxic Shock Syndrome
Ehrlichiosis	Tetanus
Flu	Tickborne Disease
Genital Warts	Trichinosis
Giardiasis	Tuberculosis
Guillain-Barre Syndrome	Tularemia
Hantavirus Pulmonary Syndrome	Typhoid Fever
Haemophilus influenzae type B	Varicella
Meningitis	West Nile Virus
Hansen's Disease	Whooping Cough
Head Lice	Yersiniosis
Hemolytic Uremic Syndrome (HUS)	Yellow Fever
Hepatitis A	
Hepatitis B	
Hepatitis C	
Human Papillomavirus (HPV)	
Influenza	
Kawasaki Disease	

For more information, contact Dr. Christina Tan, State epidemiologist, or Gary Ludwig, service director, at 609/588-7539.