







HEALTHY KIDS, HEALTHY FUTURE

5 HEALTHY GOALS SERIES

Join us for a 6-module virtual training series that promotes healthy habits today for a healthier tomorrow! You may register for individual sessions but we hope you will join us for all six. We hope to see you the last Wednesday of the month - March through August!

5 HEALTHY GOALS OVERVIEW

Wed., Mar. 30, 2022 6:30-8:00 pm NJCCIS Event #: 131515

NURTURE HEALTHY EATERS

Wed., Apr. 27, 2022 6:30-8:00 pm NJCCIS Event #: 131516

PROVIDE HEALTHY BEVERAGES

Wed., May 25, 2022 6:30-8:00 pm NJCCIS Event #: 131517

GET KIDS MOVING

Wed., Jun. 29, 2022 6:30-8:00 pm NJCCIS Event #: 131518

REDUCE SCREEN TIME

Wed., Jul. 27, 2022 6:30-8:00 pm NJCCIS Event #: 131519

SUPPORT BREASTFEEDING

Wed., Aug. 31, 2022 6:30-8:00 pm NICCIS Event #: 131520

Register on <u>www.NJCCIS.com</u> by putting the NJCCIS Event #s noted above in your "find Professional Development & Training Classes" search.

IMPORTANT To the right of the date, time, and the button you use to register, there is an Event URL – YOU MUST REGISTER USING THAT LINK TO RECEIVE THE LINK TO THE VIRTUAL EVENT. Completing that *Zoom* registration creates an automatic e-mail that includes the link you need to enter the actual events.

