### **EXCITING NEW TRAININGS**

### Child Care Connection is offering trainings for Nurtured Heart Approach

These workshops will teach you strategies that assist children in developing their self-regulation, greatly reducing challenging behaviors!

Multiple options are being offered, including an overview for 3 hours and an expanded 6 hour class.

The Nurtured Heart Approach is more than just a parenting or educator behavior management strategy. It is a philosophy for creating healthy relationships with the people in your life. The Nurtured Heart Approach consists of a set of strategies that assists children in further developing their self-regulation and has been found effective with children of all ages.

For more information on Nurtured Heart Approach see: www.childrenssuccessfoundation.com

# NURTURED HEART APPROACH OVERVIEW (3 HOURS)

This session provides a basic overview of the approach. Learn about The 3 Stands of Nurtured Heart Approach, which can be a powerful means of transforming children.

Wednesday, January 17 5:30pm to 8:30pm

Cost: Free

## NURTURED HEART APPROACH EXPANDED (6 HOURS)

Learn the 3 Stands of Nurtured Heart Approach, along with expanded details regarding how to implement this approach in a classroom as well as at home.

Saturday, February 17
10am to 5 pm
\*Bring a bag lunch

Cost: \$50

There is also an extended 6 week course, with a total of 12 training hours, which will be offered if there is interest. This course would allow participants to more fully explore, apply, and reflect upon the Nurtured Heart methods over time.

#### **TO REGISTER:**

- Sign in to your NJ Registry account using the email address you provided as your username and the password you created
- On the left-hand menu, select 'Find Training'
- Search by 'Sponsor' and select 'Child Care Connection'
- Select the *Nurtured Heart Approach* training of your choice
- Proceed through enrollment to confirmation
- Send in payment if enrolling in the six-hour course.

#### **ALL CLASSES WILL BE HELD AT:**

CHILD CARE CONNECTION 1001 SPRUCE ST., SUITE 201 TRENTON, NJ 08638

FOR MORE INFORMATION, CALL: 609-989-7940



